

2019 AUGUST TRAINING SCHEDULE

SYDNEY OLYMPIC PARK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	SUNDAY
26 AUGUST	27 AUGUST	28 AUGUST	29 AUGUST	31 AUGUST	1 SEPTEMBER
WARM UP ARENA		WARM UP ARENA			No Games
FOUNDATION FROM 5.00 TO 6.00 PM		FOUNDATION FROM 5.00 TO 6.00 PM			
JUNIOR ACAD FROM 5.00 TO 6.30PM		JUNIOR ACAD FROM 5.00 TO 6.30PM			
ADVANCED ACADEMY FROM 6.00 TO 8.00 PM		ADVANCED ACADEMY FROM 6.00 TO 8.00 PM			
2 SEPTEMBER	3 SEPTEMBER	4 SEPTEMBER	5 SEPTEMBER	7 SEPTEMBER	8 SEPTEMBER
WARM UP ARENA		WARM UP ARENA		INSIDE OUT COMP	No Games
FOUNDATION FROM 5.00 TO 6.00 PM		NO TRAINING			
JUNIOR ACAD FROM 5.00 TO 6.30PM					
ADVANCED ACADEMY FROM 6.00 TO 8.00 PM					
9 SEPTEMBER	10 SEPTEMBER	11 SEPTEMBER	12 SEPTEMBER	14 SEPTEMBER	15 SEPTEMBER
WARM UP ARENA		WARM UP ARENA		INSIDE OUT COMP	No Games
FOUNDATION FROM 5.00 TO 6.00 PM		FOUNDATION FROM 5.00 TO 6.00 PM			
JUNIOR ACAD FROM 5.00 TO 6.30PM		JUNIOR ACAD FROM 5.00 TO 6.30PM			
ADVANCED ACADEMY FROM 6.00 TO 8.00 PM		ADVANCED ACADEMY FROM 6.00 TO 8.00 PM			
16 SEPTEMBER	17 SEPTEMBER	18 SEPTEMBER	19 SEPTEMBER	21 SEPTEMBER	22 SEPTEMBER
WARM UP ARENA		WARM UP ARENA		INSIDE OUT COMP	No Games
FOUNDATION FROM 5.00 TO 6.00 PM		FOUNDATION FROM 5.00 TO 6.00 PM			
JUNIOR ACAD FROM 5.00 TO 6.30PM		JUNIOR ACAD FROM 5.00 TO 6.30PM			
ADVANCED ACADEMY FROM 6.00 TO 8.00 PM		ADVANCED ACADEMY FROM 6.00 TO 8.00 PM			