

2019 APRIL MAY TRAINING SCHEDULE

SYDNEY OLYMPIC PARK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	SUNDAY
29 April	30 April	1 May	2 May	4 May	5 May
WARM UP ARENA	WILSON PARK	WARM UP ARENA	WILSON PARK	ROUND 4	
FOUNDATION FROM 5.00 TO 6.00 PM		FOUNDATION FROM 5.00 TO 6.00 PM	FLAMINGOS TEAMS U7 to U10 FROM 5.00 TO 6.00 PM		
JUNIOR ACAD FROM 5.00 TO 6.30PM	JUNIOR ACAD FROM 5.00 TO 6.30PM	JUNIOR ACAD FROM 5.00 TO 6.30PM	FLAMINGOS TEAM U 13 FROM 6.00 TO 7.30 PM		
ADVANCED ACADEMY FROM 6.00 TO 8.00 PM	ADVANCED ACADEMY FROM 6.00 TO 7.30 PM	ADVANCED ACADEMY FROM 6.00 TO 8.00 PM	ADVANCED ACADEMY FROM 6.00 TO 7.30 PM		
6 May	7 May	8 May	9 May	11 May	12 May
WARM UP ARENA	WILSON PARK	WARM UP ARENA	WILSON PARK	ROUND 5	
FOUNDATION FROM 5.00 TO 6.00 PM		FOUNDATION FROM 5.00 TO 6.00 PM	FLAMINGOS TEAMS U7 to U10 FROM 5.00 TO 6.00 PM		
JUNIOR ACAD FROM 5.00 TO 6.30PM	JUNIOR ACAD FROM 5.00 TO 6.30PM	JUNIOR ACAD FROM 5.00 TO 6.30PM	FLAMINGOS TEAM U 13 FROM 6.00 TO 7.30 PM		
ADVANCED ACADEMY FROM 6.00 TO 8.00 PM	ADVANCED ACADEMY FROM 6.00 TO 7.30 PM	ADVANCED ACADEMY FROM 6.00 TO 8.00 PM	ADVANCED ACADEMY FROM 6.00 TO 7.30 PM		
13 May	14 May	15 May	16 May	18 May	19 May
WARM UP ARENA	WILSON PARK	WARM UP ARENA	WILSON PARK	ROUND 6	
FOUNDATION FROM 5.00 TO 6.00 PM		FOUNDATION FROM 5.00 TO 6.00 PM	FLAMINGOS TEAMS U7 to U10 FROM 5.00 TO 6.00 PM		
JUNIOR ACAD FROM 5.00 TO 6.30PM	JUNIOR ACAD FROM 5.00 TO 6.30PM	JUNIOR ACAD FROM 5.00 TO 6.30PM	FLAMINGOS TEAM U 13 FROM 6.00 TO 7.30 PM		
ADVANCED ACADEMY FROM 6.00 TO 8.00 PM	ADVANCED ACADEMY FROM 6.00 TO 7.30 PM	ADVANCED ACADEMY FROM 6.00 TO 8.00 PM	ADVANCED ACADEMY FROM 6.00 TO 7.30 PM		
20 May	21 May	22 May	23 May	25 May	26 May
WARM UP ARENA	WILSON PARK	WARM UP ARENA	WILSON PARK	ROUND 7	
FOUNDATION FROM 5.00 TO 6.00 PM		FOUNDATION FROM 5.00 TO 6.00 PM	FLAMINGOS TEAMS U7 to U10 FROM 5.00 TO 6.00 PM		
JUNIOR ACAD FROM 5.00 TO 6.30PM	JUNIOR ACAD FROM 5.00 TO 6.30PM	JUNIOR ACAD FROM 5.00 TO 6.30PM	FLAMINGOS TEAM U 13 FROM 6.00 TO 7.30 PM		
ADVANCED ACADEMY FROM 6.00 TO 8.00 PM	ADVANCED ACADEMY FROM 6.00 TO 7.30 PM	ADVANCED ACADEMY FROM 6.00 TO 8.00 PM	ADVANCED ACADEMY FROM 6.00 TO 7.30 PM		