



**MILAN**

**Soccer School**



## **CODE OF CONDUCT FOR PLAYERS**

**1** Be respectful - of the Coaches, the team, the Captain and yourself. Treat others as you would wish to be treated, whether at trainings or matches. This is a team Sport and developing good relationships within the team will improve progress.

**1.2** Have a healthy respect for Authority. Decisions made by the Coach, Referee or Club are part of your Pathway to becoming a player.

**1.3** Listen to your Coach at matches. It is the Coach who is your point of reference at trainings and matches even if parents are distracting you with instructions

**2** Be punctual. The Coaches want you to be physically and mentally prepared before and during all training sessions.

**3** Be disciplined about your appearance. Jewelry and hair over the eyes is not permitted.

**4** Become independent. It is your responsibility to look after all items in your soccer bag.

**5** Stay focused. Your coach expects your full attention for the whole session.

**6** Cooperate with others. No one can make it alone. Seek advice when needed.

**7** Take Care of all equipment provided. It has been provided to help you achieve your potential.

**8** Listen to others who try to guide you away from dangers of Alcohol, Drugs and other behaviours that can distract you and lead you into danger. It takes sacrifice to become a professional. Players will be expelled from a Team if Drugs or Alcohol is involved.

**9** Milan Academy has a zero tolerance policy to bullying of any kind, whether for race, religion, appearance, beliefs or skill level. Tell your Coach if you hear or see anything that bothers you.

**10** Enjoy the programme. Do your best. *We wish you every success*