

| 2018 APRIL TRAINING SCHEDULE | | | SYDNEY OLYMPIC PARK | | |
|---|---|--|---|--------------------------------|------------------------|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | SATURDAY | SUNDAY |
| 2 April | 3 April | 4 April | 5 April | 7 April | 8 April |
| WARM UP ARENA | WARM UP ARENA | WARM UP ARENA | WARM UP ARENA | Flamingos Season Start | Flamingos Season Start |
| ADVANCED ACADEMY NO TRAINING Easter Monday | FOUNDATION & JUNIOR ACAD Foundation 5.00 - 6.00pm Junior Acad 5.00 - 7.00pm | ADVANCED ACADEMY Advanced 5.30 - 7.30pm | FOUNDATION & JUNIOR ACAD Foundation 5.00 - 6.00pm Junior Acad 5.00 - 7.00pm Advanced 6.00 - 7.30pm | U 6 & 7 U 9 U 10 U 11 | U 13 & U 18 |
| 9 April | 10 April | 11 April | 12 April | 14 April | 15 April |
| WARM UP ARENA | WARM UP ARENA | WARM UP ARENA | WARM UP ARENA | 2 Round Flamingos | 2 Round Flamingos |
| ADVANCED ACADEMY Advanced 5.30 - 7.30pm | FOUNDATION & JUNIOR ACAD Foundation 5.00 - 6.00pm Junior Acad 5.00 - 7.00pm | ADVANCED ACADEMY Advanced 5.30 - 7.30pm | FOUNDATION & JUNIOR ACAD Foundation 5.00 - 6.00pm Junior Acad 5.00 - 7.00pm Advanced 6.00 - 7.30pm | U 6 & 7 U 9 U 10 U 11 | U 13 & U 18 |
| 16 April | 17 April | 18 April | 19 April | 21 April | 22 April |
| WARM UP ARENA | Tom Wills | WARM UP ARENA | Tom Wills | 3 Round Flamingos | 3 Round Flamingos |
| SCHOOL HOLIDAY - NO TRAINING | | | | U 6 & 7 U 9 U 10 U 11 | U 13 & U 18 |
| 23 April | 24 April | 26 April Thursday | 27 April FRIDAY | 28 April | 29 April |
| WARM UP ARENA | Tom Wills | WARM UP ARENA | WARM UP ARENA | 4 Round Flamingos | 4 Round Flamingos |
| SCHOOL HOLIDAY | | Milan Academy Camp From 9 to 3pm | Milan Academy Camp From 9 to 3pm | U 6 & 7 U 9 U 10 U 11 | U 13 & U 18 |